



24-hour & Out-of-Hours Phone Numbers

Housing Emergency
 Housing Solutions 0800 731 1689 (5.30pm-8.30am)
 Shelter: Free National Housing Helpline 0808 800 4444
 Mon-Fri 8am-8pm, Sat 8am-5pm

Hostels
 Salvation Army (S1) 0114 272 5158 (Men & Women 18+)
 Roundabout (S2) 0114 258 9829 (Young People 16-21)
 Bevin Court (S13) 0114 269 2569
 National Helpline 0808 2000 247
 Haven House 07753 748 885 (gpm-8am) (Women Only)
Emotional Support
 Samaritans 0114 276 7277
 Emergency Services 999 (free)
 Police 0114 220 2020

Other Support
 Message Home (Left home, run away?) 0800 700 740
 Help Yourself Website www.sheffieldhelpyourself.org.uk

EMERGENCY HELP IN SHEFFIELD

Day	Breakfast	Midday Lunch	Evening Meal
Monday	Archer Project 8:30 - 9:30am	Archer Project 12 - 1:15pm Jesus Centre 10am - 1pm St Wilfrid's Centre 10am - 4pm	Churches Soup Wagon ** 8 - 9pm
Tuesday	Archer Project 8:30 - 9:30am	Archer Project 12 - 1:15pm St Wilfrid's Centre 10am - 4pm	Churches Soup Wagon ** 8 - 9pm
Wednesday	Archer Project 8:30 - 9:30am	Archer Project 12 - 1:15pm Jesus Centre 10am - 1pm St Wilfrid's Centre 10am - 4pm	Sunnybank Centre 6 - 8:30pm Churches Soup Wagon ** 8 - 9pm
Thursday	Archer Project 8:30 - 9:30am	Archer Project 12 - 1:15pm Jesus Centre 10am - 1pm St Wilfrid's Centre 10am - 4pm	Churches Soup Wagon ** 8 - 9pm
Friday	Broomhall Breakfast 8 - 10am Archer Project 8:30 - 9:30am	Archer Project 12 - 1:15pm Jesus Centre 10am - 1pm St Wilfrid's Centre 10am - 4pm	Churches Soup Wagon ** 8 - 9pm
Saturday	Good News Café 8:30 - 10am	Firth Park Drop-In 12 - 2:30pm	Churches Soup Wagon ** 6:30 - 7:30pm 8 - 9pm
Sunday	Castle Project 8:30 - 10:30am	Streetwise 11am - 12:30pm Sunday Centre * 1:30 - 4:30pm	Churches Soup Wagon ** 8 - 9pm

FOOD GRID (Times)

- Breakfast**
- 1 Archer Project**
Behind Sheffield Cathedral
Campo Lane, S1 1HA
(0114 263 6970)
 - 16 Broomhall Breakfast**
St Andrew's URC
Upper Hanover St, S3 7RQ
Cooked Breakfast
Fridays 8:00-10:00am
 - 17 Breakfast Project**
The Salvation Army
Duke Street, S2 5QP
(0114 273 1778)
Every Sunday morning at 8:30am.
For homeless and vulnerable individuals. The last one will be 21st Dec then ARC will take over.
 - 18 Streetwise**
(10:30 - 12 Sandwiches & hot drinks)
St Thomas' Church Philadelpia
Glipin Street, S6 3BL
(0114 241 9560)
 - 19 Sunday Centre**
Victoria Hall, George St, S1 2JB
Open Sun, meal served 3.15pm
- Midday Lunch**
- 34 Jesus Centre - Lounge Drop-In**
93 Broomspring Road, S10 2FB
(0114 252 1155)
Open Mon, Wed, Thu, Fri 10:00-13:00
 - 2 St Wilfrid's Centre on crossroads,**
opposite Halford's & Big Yellow Storage.
In the One-Stop (Drop-in) support section.
Supporting those homeless, vulnerable and socially excluded. Welfare facilities - food, clothing, showers, laundry. Advice, education support & activities.
- Evening Meal**
- 4 Churches Soup Wagon**
King St, Sheffield S3 8LF
Sun-Fri 8pm, Sat 6.30pm
 - 22 Sunnybank Centre**
William Street, S10 2DF
 - 1 HARC: 25 Dec - 2 Jan 9.30-7pm**
3rd Jan, 9.30am - 12 noon
To be held c/o The Sheffield Cathedral Archer Project,
Campo Lane, Sheffield S1 1HA
(07523 927318)
- FIR VALE FOOD BANK**
 Every Thursday afternoon from 2pm - 3pm
 (except holiday shutdowns) at St Cuthbert's Church, Bamsley Road, S5. Opposite the Northern General Hospital. 0114 2611605

FOOD - Addresses

Alcohol & Substance Misuse

- 23 Arundel Street Project (CRI) Opiates Drug & Non-Opiates Drug Service (Sheffield Health & Social Care NHS FT)** **First Call**
Open access and referral service and for anyone over 18 experiencing problems with drug misuse:
Non-Opiates: 44 Sidney St, Sheffield, S1 4RH
0114 272 1481 Mon-Fri: 9am-5pm, until 8pm Thu
Opiates: The Fitzwilliam Centre, 143-145 Fitzwilliam St, Mon-Fri: 9am-5pm
- 2 Bens centre**
Help, advice with benefits, housing & support.
 Mon, Tues Outreach in city centre
 Free lunch & breakfast Thur/Fri 10:30am-4:00pm at
 Duchess Road Community Centre **0114 279 9961**
- 24 SASS (Sheffield Alcohol Support Service)**
Peer support services, training and residential rehabilitation.
 646 Abbeydale Road, Sheffield S7 2BB
0114 258 7553 (drop-in Thur, Fri: 1:45 - 3:15pm)
- 32 SEAP: Alcohol Services** **First Call**
First call for access to all alcohol services in Sheffield. Advice and information to users & family.
 Matilda Street, Sheffield, S1 4RH
0845 345 1549 (Monday - Friday: 9am - 5pm)
- 25 The Corner (CRI)**
Support, information and advice for young people under 18 who use drugs or alcohol.
 91 Division Street, Sheffield S1 4GE
0114 275 2051 (Monday - Friday: 9am - 5pm)

Hostels - Daytime Application

- 26 Emmaus**
Provides a home, meaningful work and a future to homeless men and women 18+. Call for appointment.
 Unit 5, Sipelia Works,
 Cadman Street, Sheffield S4 7ZG
0114 272 0677 (Mon-Fri 9am - 4:30pm)
- 27 Sheffield Foyer**
Young single homeless people aged 16-25 with support needs. Call for appointment.
 2 Spring Lane, Norfolk Park, Sheffield S2 2JQ
0114 289 5600 (Mon-Fri 9am - 9pm - 8pm on Fri)

Domestic Abuse - Men and Women

- Sheffield Domestic Abuse Helpline** **First Call**
First stop for advice, information and sources of support.
0808 808 2241 (Mon - Fri: 10am - 4pm, - 7pm on Wed)
 A Punjabi, Urdu/Mirpiru speaker available: Wed 10am - 1pm
Outreach Service: 0114 241 2749 (Mon-Fri: 9am - 5pm)
Housing support: 0114 270 6999 (Mon-Fri: 9am - 5pm)

Women - Refuges & Other Support

- Ashiana**
Supports victims of human trafficking on an accommodation and outreach basis.
 Drop In: Tues 2.30pm-4.30pm Thurs 10.30am-12.00 noon
 Knowle House, 4 Norfolk Park Road, S2 3QE **01142555740**
- Sheffield Domestic Abuse Helpline**
First stop for advice, information and sources of support.
0808 808 2241 (Mon-Fri: 10am-4pm, -7pm on Wed)
 Outreach Service: 0114 241 2749 (Mon-Fri: 8am - 6pm)
 Housing support: 0114 270 6999 (Mon-Fri: 8am - 6pm)
- Sheffield Area Refuge & Support (SARAS)**
SARAS supports women (16 years+) with or without children.
 Office line at Woodside: 9am to 6pm **0114 243 3770**
 Office line at Waterside: 9am to 6pm **0114 236 6423**
PO Box 4917, Sheffield, S8 2JQ
- YWHP (Young Women's Housing Project)**
Supported accommodation and specialist support services for young women (16-25yrs) with or without children, victims of sexual abuse, sexual exploitation or sexual violence/domestic abuse.
0114 268 0580 Monday - Friday: 9am - 5pm Web
www.ywhp.org.uk email: ywhp@ywhp.org.uk

Sheffield Rape & Sexual Abuse Centre

Counselling/psychotherapy and helpline support for women & girls (aged 13+) who have experienced rape or sexual abuse at any time in their lives.
0114 244 7936 (Monday 10am-12pm, Tuesday and Thurs 1pm and 5pm, then 6 and 8pm)

28 Together Women Project

Help to prevent women offending. Support with health, education & training, housing, su ce, families.
 106 Arundel Lane, Sheffield S1 2RF
0114 275 8282 (Monday - Friday: 9am - 4pm)

Asylum Seekers & Refugees

- 19 ASSIST**
Short term support for destitute asylum seekers. Helpdesk for asylum and refugee issues. **0114 2754960**
 Drop-in Victoria Hall, Wednesdays, 2-3.30
 CONVERSATION CLUB: Refreshments & shared support.
 Victoria Hall, Norfolk Street, S1 2JB, Wed 2-4 pm
- Northern Refugee Centre (NRC)**
29 The Exchange Brewery, 2 Bridge Street, S3 8NS
 APPOINTMENT ONLY
 You can contact our Appointment / assessment line
0114 3840384 Tues & Thur only 2.00 - 4.00 pm
 OR Attend our office on Mon only 10.00 am-1.00 pm
 For general advice contact **0114 2729332**

Mental Health & Emotional Support

- 29 MHAGS (Mental Health Group Sheffield)**
Cheerful environment for those who have mental health conditions to meet others for support.
 46 Creswick Street, Langsett Estate Sheffield S6 2TN
0114 234 1705 Mon- Fri 10am - 4.30pm
- SACMHA (Sheffield African Caribbean Mental Health Assoc.)**
30 Support on all aspects of mental and physical health for African Caribbean Community. Access by referral or completing application form.
 84 Andover Street, Sheffield S3 9EH
0114 272 6393 (Mon-Fri 9am-5pm until 4.30 on Fri)
- Samaritans**
31 Emotional support for all people in distress.
 272 Queens Road, Sheffield S2 4DL
0114 276 7277 (24 hours, 7 days)

Sheffield Working Women's Opportunities Project (Swwop)

Support for women involved in street prostitution- outreach every Mon/Weds/Fri evening. Drop-in Thurs 1-4pm lunch/bus fares with a receipt & 1 food parcel per week. **0114 275 2040/220 0666**

Sheffield YWCA - Peile House Project (women's bit)

Supported hostel accommodation for young women (aged 16-25 years) with or without children who are homeless or inappropriately housed.
0114 2739256 (Monday - Sunday 24hrs a day)